

# Anchoring Peace

## Through the Storms of Life



Peace is a Person. Jesus is our anchor.

Proverbs 3:5; Hebrews 6:19-20

Peace is a Fruit of the Spirit Galatians 5:22-23a

### 1. Practice Looking for Jesus (in Your Boat) Mark 4:35-41

*In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety. (Psalm 4:8)*

Who is this in the boat? (Isaiah 9:6; Psalm 65:7)

Where can we find peace?

*I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world. (John 16:33)*

*Now may the Lord of peace himself give you peace at **all times** and in every way. The Lord be with all of you. (2 Thessalonians 3:16)*

### 2. Pray for Opportunities to Give Peace Away Mark 5:1-10

Who are the children of God? (Matthew 5:9)

What do we get from giving peace away? (James 3:18)

### 3. Pass on the Stories Mark 5:11-20

What can we do with our anxiety? (2 Cor 13:11)

*Cast all your anxiety on him because he cares for you. (1 Peter 5:7)*

### 4. Prepare with the End in Mind Mark 5:21

How does peace protect? (Philippians 4:7)

What is God's heart through chaos? (Isaiah 54:10)

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